

## Mykonos No 5 Rituals

Our five senses are the link to the outside world. They communicate with our brain, which interprets the messages and perceives what is around us in order to create our life experiences. Mykonos No 5 convert the 5 senses into 5 rituals in order to experience holidays with all 5 senses.



## Mykonos No 5 Sight Ritual

What we see are not objects. From a scientific point of view, we see light waves reflected off the objects. In order for us to see, our brain must interpret the messages coming from the eyes. Mykonos No 5 creates a unique experience through the ritual of sight, having an open air cinema under the stars, which offer's the perception between the viewed image and your memories.

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Star  
Gazer

Open Air  
Cinema

Movie  
Time

## Mykonos No 5 Sound Ritual

What we hear is actually vibrations created by motion. These vibration waves travel through your ears and as like with sight, the brain interprets the frequency of the vibrations and compares it to memories, Mykonos No 5 vibrates the sense of sound and represents the ritual of sound by inviting you to experience the most intense DJ party, that will be linked to your memories.

DJ Set

Pool  
Party

Music  
Waves

Mykonos  
Party

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## Mykonos No 5 Taste Ritual

When we eat, chemical substances are dissolved by our saliva, which stimulates our sense of taste. Taste receptors, are responsible for recognizing the four sensations of taste: sweet, sour, salty and bitter. Mykonos No 5 though the ritual of taste creates the information which triggers the brain in order to recognize the taste as a unique experience. Interestingly, as with sight and sound, taste is dependent on smell that's why we create gastronomic sessions combined with cooking lessons and wine tasting in order to create a memorable moment.

Cooking  
Lessons

Wine  
Tasting

Fine  
dinning

Taste of  
Greece

5

Mixolog  
y



## Mykonos No 5 Smell Ritual

When you breathe in through your nose or mouth, the smell receptors are stimulated by chemical molecules suspended in the air and messages are sent to your brain. Smell is the sense most strongly linked to memory. Mykonos No 5 through the ritual of smell, creates a unique experience by offering a luxury shisha and a variety of cigar menu which triggers memories from the past, linked deep in your consciousness.

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Luxury  
Shisha

Cigar  
Menu

Unique  
Experienc  
e

### Mykonos No 5 Touch Ritual

Our skin's three layers, the epidermis, dermis and hypodermis, are made up of millions of sense receptors. Once stimulated by touch, these receptors trigger nerve impulses that communicate with the brain, and as a result chemicals are released into our body, giving us the sensations or feelings. Mykonos No 5 through the ritual of touch creates an unforgettable experience based on the art of relaxation. Our therapists creates a new world of feelings by combining massage therapy and wellness in order to guide you into a journey of meditation, which will renew your body, mind and spirit.

Massage  
Therapy

Meditation

Relaxation

Wellness

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